

## **Traditional Games and Sports played in Village of Assam**

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**ABSTRACT** From the very ancient period, many traditional games have been played in the villages of Assam and other north eastern states of India. The mostly played games are such as “Tang-Guti”, Lukaluki, siu siu , Bhel kutkut, Bhalta Khel , Bagh Goru, Phatik Teteli etc. it can be assumed that these games and sports of fun and enjoyment are discovered and for the prepare of relation from hard work, refreshment, encouragement and enhance concentration in daily works .

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### **I. INTRODUCTION**

These games plays a vital role in traditional culture. These help in improving health conditions as well as mental stress. Different games are played in the different parts of Assam. However one game can be known as different names in various places.

#### **1.1 Aims and objectives of the study**

- To introduce ancient games and sports and to the new generation.
- Research on this traditional games will have the newer generation to
- become socially active

This Research will help to enrich Assamese culture of traditional games and sports and to revive the precious and most valuable game

#### **1.2 Methodology**

This Paper is based on data collected from field study . Also from different sources like research papers, research articles etc published in journals, periodicals , books and interment .

### **II. ALL TRIBES HAVE FOLLOWING ARE SOME TRADITIONAL GAMES PLAYED WIDELY IN ASSAM.**

#### **2.1 Hai Gudu/ Kopoti khel:**

It is very popular game among the farmers of Assam. Mostly played in the firming field after collection of the rice seeds. Farmers let their cattles room accorross and start the game. They consider a small lane in the filed as a border between two terms. Number of member in the terms is depends on member of players playing the game. Each team take a position on each side of the line. Then one by one each player of both team will go and try to touch opposition team members, shouting ‘Hai gudu gudu’ in one breath. He has to return to his own zone without changing his break and the players he touches in the opposite side are eliminated from the game. But the opposition team tries to grab the attacking player until his breath breaks. If they success the attacking player is out of the game and if they are out, the all the players who has touched him will be eliminated. The team, whose all players are out is declared as defeated

#### **2.2 Muthi Khel (Game of fist)**

It is a very popular game among the children. It is played between two players. One players hides a little stone in one of his fists putting his both hands back side. Then he shows his fists forward and the opponnet players will guess which fist the guess stone is in, by counting the each fist, singing a game song i.e.

“Alouguti tolouguti

Kosuguti lai,

Aikhonot napale

Xeikhonot pai.”

The fists on which the song ends is the choice of the player to be the stone in it. Then other player opens both of in it. Then other player opens both of his fists and if the other player's guest is wrong he wins. Thus they repeat the same game again and again.

### **2.3 Khuti Hel (Game of Post)**

This game is played by putting some posts on the ground. Numbers of post is equal to the numbers of players playing the game. Each player takes position on side of one post. One remain player who stands without a post will sing a game song by pointing to the other players on by one with words in the song. The song is

“Ukuli mukuli  
Dumor danhi  
Chatitati kam pat  
Akhon ari akhon kat .”

The player on home the song ends and pointed the last word of the song to has go run and touched the other players. Remaining players has move from one post to another continuously. If the attacking player touches any opponent while detached from posts then he is out of the game. Then the eliminated player repeats the same song and do the same process again thus the game goes on. This game of post is no ending.

### **2.4 Doob Khel (Game of Sink)**

This game is played in water. It's a very amazing game played in Assam from ancient period. This game is played while children jump into ponds for bath. First of all the player make a position to create a circle in the ponds. Then they start one by one to knock on the surface of the water in such a manner that produces a special sound while doing this, the players who enable to create that sound has to sink under the water and touch the other players. Once the attacking player sinks, all other players start move into the ponds here and there. If the attacking player cannot touch all the opponent players then he is declared as defeated. It's like a swimming competition. Thus different types of swimming competition are also held between those players.

### **2.5 Dora Koina khel (Game of Bride and groom)**

This game is very popular among the children in various parts of Assam. This game is played by making toys of bride and groom with household clothes. Some of the children acts as guest and they are served with rice plate made up of play and dusk All players decored the bride and groom choices new clothes and sing marriage song (Bia naam). It is a imaginary game played by the children by seeing original marriages in their villages. This game is more popular in girls more than boys.

### **2.6 Luka- vaku khel (Hide and seek)**

This is the most popular game played by the children in villages of Assam. A bunch of children gathered to play this game. One players is kept aside blinding his eyes with a Piece of cloth. (Gamusa). Rest of the players hide themselves some where inside a pre-calculated a area . Then the attacking players ask all whether they are ready or not by shouting a line i.e.

“Hol ne nou maniki mou”.

Then the others respond him by shouting a word “kuk”. Then the attacking player search for the hiding players. If he finds someone then he will be out of the game. If anyone left not found, then he has to surrender. And if he finds all the player wherever they hiding then he will win the game. And the surrender players will be the losers.

### **2.7 Raja Rani Khel (the game of King and Queen):**

It's also a very popular game in Assam it is played between two teams. A square size box is drawn on one side of the field and on the other side a post is placed at a distance of 22/25 meters. One player is imagined as king and different players acts as ministers and soldiers. The king holds the post and others take position in the square sized box. The opponent team will surround the king in the field. Then the soldiers of the king attack the opponent players by singing a traditional game song i.e.

“ Khui dilu dilu  
Bai dilu dilu  
Gorokhiya rati  
Aatiram batiram

dulonite lagi jam  
Metek kokai  
Muk log napai ”

### **2.8 Kochu Guti khel ( Game of Kochu Guti ) :**

Another very popular game in assam. It is also played between two teams. A little piece of wood is used in the game as a ball Which is known as “Kochu Tepu ”. One umpire monitors the game. A small hole is made in the ground. The umpire tells both the team to close their eyes and the rows the wooden ball for away somewhere in the field. Then both the team start searching for the ball. Any player who found the ball first will have to go to the hole and put the ball inside. But the opponent team rush to resist him while going to the hole. The Team, Which will be able to put the ball first will win the game .

### **2.9 Ghila Khel (Game of Ghila)**

It is a very ancient game played in the villages of Assam. A small stone is used as “ Ghila” to toss within five or six square shaped boxes, drawn on the ground. First the player tosses the Ghila in the first box of the right hand side, Ghila must be placed within the first square. Then he has to slide the stone with his one leg, lifting the another leg in the air. Thus he had to jump on one leg and slide the stone out of the boxes without touching the lines with the Ghila or his leg. He can take a rest on the last box by grounding both legs. If he touches the lines in the process , then he is out of the game. In this manner, three four rounds are played and the most point gainer is declared as the winner.

## **III. CONCLUSION**

A part from their many other games are played in traditional way in Villages of Assam. But unfortunately because of the modern social life and lack of awarness these traditional games are about to be lost in Assamese society. Many traditional folk songs are also related to these refreshing and beautiful games. If these games are preserved then these can re-invent the ancient flavour of games spirit and give encouragement to the new generation.

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