

Impact of parental support on children's ambitions: A comprehensive review and analysis

Riya Kharayat¹ and Dr. Neha Dubey²

¹Researcher, Master of Social Work, Parul University

²Assistant Professor, Faculty of Social Work, Parul University, Vadodara

Abstract

A major factor in determining children's goals is parental support, which also affects their academic achievement, job decisions, and general emotional health. Parents guide their children towards goal-setting and professional achievement from early infancy through higher education by serving as role models, mentors, and financial backers. A child's desire may be influenced favorably or unfavorably by the kind and level of parental involvement. Support, both financial and emotional, can increase drive, but too much pressure or no support can result in stress and limited job options. In this study, the many aspects of parental support—such as financial aid, emotional support, and career counseling—are examined along with how they influence children's goals.

This study uses a quantitative methodology, gathering information from 25 Parul University postgraduate students using structured questionnaires. According to the results, most students receive both financial and emotional assistance, which has a favorable effect on their confidence and career decisions. A significant number, on the other hand, suffer from low parental involvement, which restricts their access to a variety of professional options. As demonstrated by the study, students who often discuss their objectives with their parents are more likely to make well-informed decisions, underscoring the need of open communication in resolving issues surrounding career aspirations.

In order to support children's aspirations, the study comes to the conclusion that more parental participation, balanced counsel, and policy measures are required. For a comprehensive approach to developing ambitions, schools and other educational institutions should implement career mentorship programs that involve both parents and students. Additionally, in order to lessen the financial strain on families and allow youngsters to pursue their goals without financial limitations, governments ought to think about implementing financial aid programs and scholarship initiatives. These initiatives may help create an atmosphere that is more encouraging and supportive for youth, assisting them with.

Key Words: Parental Support, Children's Ambitions, Emotional Support, Educational Success

I. INTRODUCTION

In their early years, parents serve as a child's primary teachers, mentors, and role models, imparting the majority of their knowledge. Psychology, education, and sociology have all shown a significant deal of interest in how parents influence their children's goals. Numerous studies have demonstrated the beneficial effects of parental participation on motivation, career goals, and academic achievement. There are several ways that parental support can appear:

Emotional support: Building resilience and supporting kids through hardships.

Providing resources such as books, tuition, and extracurricular activities is known as **financial support**.

Mentoring and guidance: Assisting kids in investigating various career options and decision-making techniques. Parental participation, though, is not necessarily a good thing. A child's growth of ambition may be hampered by pressure, irrational expectations, or a lack of guidance, however other youngsters flourish under supportive parents. This study seeks to evaluate: children's aspirations and the influence of intellectual, emotional, and economical assistance. How parents and children resolve disagreements about their desired careers. the effect of parental participation on kids' achievement over the long run. In order to better assist children's aspirations and professional development, parents, educators, and legislators can put these dynamics into practice.

II. REVIEW OF LITERATURE:

Numerous studies have examined how parental support affects children's success, emphasizing how it affects self-confidence, job choices, and academic achievement.

According to Boonk et al. (2018), children who receive emotional support from their parents are more confident and are able to take chances and pursue unconventional professional routes.

Financially supportive parents allow their children to pursue a greater variety of job options, **according to Green et al. (2007)**.

Students who openly discuss their professional goals with their parents are more likely to make well-informed job decisions, **according to Taylor et al. (2004)**.

As students move from basic to higher education, parental assistance tends to decrease, but those who receive ongoing support exhibit better levels of ambition and self-discipline, **according to Gonzalez-Pianda et al. (2002)**.

III. RESEARCH DESIGN

A descriptive research methodology was used in this study to investigate how parental support affects children's aspirations. A strategy that included quantitative research designs was employed in order to obtain a thorough grasp of the topic. Parul University postgraduate students from a number of academic backgrounds provided the data.

In order to ensure neutral and varied student representation, a straightforward random selection technique was employed. With 25 students in the sample, it was possible to analyse parental support for a number of academic and professional goals.

Both primary and secondary sources were used in the data collection process. An organized survey was used to collect primary data. Research journals and earlier studies were the source of secondary data, which gave the study theoretical underpinnings and supporting documentation.

IV. ANALYSIS AND INTERPRETATION

The data analysis reveals significant insights into the relationship between parental support and children's ambitions. The findings indicate that parental involvement plays a crucial role in shaping children's aspirations, with financial, emotional, and guidance-related support being key contributors. A majority of respondents (76%) confirmed receiving financial support from their parents, while 60% reported receiving strong emotional backing. These statistics suggest that children who experience a combination of financial security and emotional encouragement are more likely to achieve.

The frequency of parental participation in conversations regarding future goals is another important finding. Only 18% of kids reported having daily contact with their parents, compared to 37% who reported weekly conversations. This implies that although there is regular contact, it is not occurring as frequently as it could. Furthermore, 64% of respondents said that their parents supported them in pursuing several job routes, exhibiting an openness that enables kids to think about a variety of options for the future.

Overall, the data demonstrates that children's aspirations are greatly impacted by parental support. Financial assistance, emotional support, and career counseling all work together to create an atmosphere that gives kids the confidence they need to succeed. The report does, however, identify several areas that require improvement, such as regularizing job conversations and making sure that parental expectations are more in line with kids' goals. These observations can form the basis of future interventions that are intended to improve the relationship between parents and children and encourage young people to have aspirations.

V. FINDINGS:

Parental support significantly impacts children's ambitions, career choices, and academic success.

Parental support in Career Discussions: A majority of students (37%) reported engaging in weekly career discussions with their parents, indicating moderate parental support, while a small percentage (5%) never had such conversations.

Financial Support Plays a Crucial Role: 76% of students received financial assistance from their parents, showing that economic support is a key factor in enabling career ambitions, while a minority (4%) had no financial support.

Emotional Support Enhances Confidence: 60% of students felt highly supported emotionally by their parents, contributing to higher self-esteem and motivation, while 4% lacked emotional encouragement, which may impact their confidence.

Parental Expectations Align with Children's Ambitions: 64% of students felt their parents' expectations matched their own career goals, suggesting supportive and flexible parenting, while 20% experienced misalignment, leading to possible career conflicts.

Parental Role Models Influence Career Choices: More than 50% of students considered their parents as role models for their career paths, showing that children often look up to their parents when making career decisions.

Open Communication Reduces Career Conflicts: 72% of students preferred discussing conflicts openly with their parents regarding career choices, which helps in resolving misunderstandings and fostering mutual support.

Extracurricular Participation is Often Overlooked: 44% of students reported that their parents rarely attended their school or extracurricular events, indicating that while parents support academic ambitions, involvement in non-academic aspirations is often lacking.

Parental Support Contributes to Long-Term Success: 76% of students believed that financial, emotional, and career guidance support influenced their long-term success, highlighting the significant impact of parental involvement in shaping future ambitions.

These findings provide a clearer picture of how parental involvement shapes children's career ambitions and overall confidence. Let me know if you'd like any refinement..

VI. CONCLUSION

The study highlights the critical role of parental support in shaping children's ambitions. While financial, emotional, and academic guidance are essential for success, excessive pressure can lead to stress and career dissatisfaction. Parents must focus on open communication, mentorship, and encouragement, fostering a healthy and ambitious mindset in their children.

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